



Our school kitchen was pulled down when the road was widened

- it's just part of 'new normal' life at Church on the Rock School in Nairobi's kwa Reuben slum



Most of the children who come to Church on the Rock School live in narrow streets of tiny one- or two-roomed houses made of corrugated iron sheets. There is no piped water, and most have no electricity. The school meals we fund boost the children's health and encourage the children to come to school to learn.

School director Ruth Ndetei reports on how the first term of the 'new normal' is going:

The children are enjoying their meals at school. I took the photos on two different days - during the rice meal day and the "githeri" (beans and maize) day. As you can see, we have a new cook. Her name is Josephine Nyambega, and she is also a parent at the school.

We are preparing the meals from our office upstairs and serving them in the classrooms because our kitchen was pulled down due to road expansion. The compound is a little smaller, but we only lost the kitchen and the small classroom that was next to the road.

Thank you for your support. At the moment we have a total of 330 pupils at the school, and the meals are a great help to the children. Please let your donors know that the donations they give are making a big difference. God bless.

[£45 will give 330 children a free lunch - donate now](#)

Unlocking infinite possibilities



Mt Kenya University promises their courses will unlock infinite possibilities. Agricolar Machocho is certainly hoping this is true. She writes:

I completed my basic education in 2015, but unfortunately, I didn't further my studies due to financial constraints. I am grateful to Footsteps for intervening to further my education. Through their scholarship, I got a chance to pursue a Diploma in Human Resource Management at Mt. Kenya University.

Thank you for helping me move closer to achieving my goals in life. May God bless you abundantly.



Emmaculate Mueni (photo left) and George Gitau (photo right) are also sponsoring courses that we are sponsoring.

Emmaculate re-started her Medical Records and IT course at Kenya Medical Training College in January and writes:.

We have been busy with classes. Next week I will start my assessment exam and hope for the best despite the challenges due to Covid and classes being rushed. The units I am studying include: Anatomy and Physiology, Health Records Management, Health Statistics and Medical Terminology. I appreciate your support.

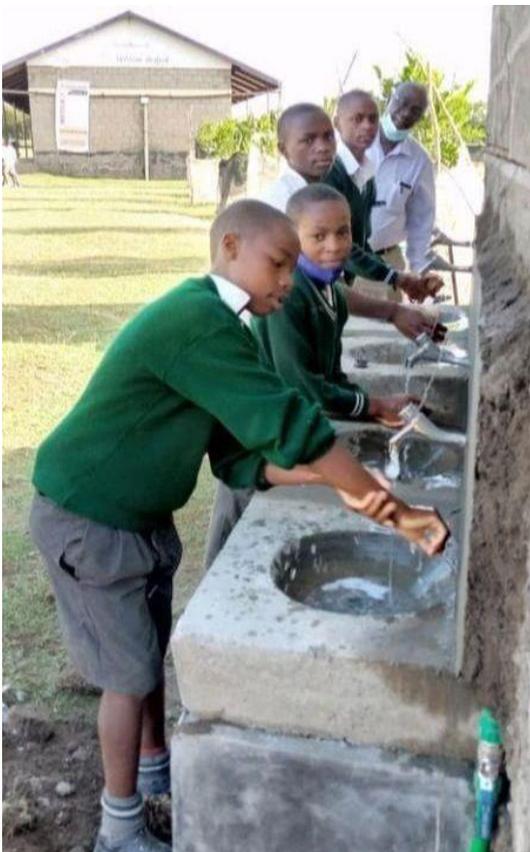
George Gitau is very happy that his Food and Beverage course has re-started at Kenya Industrial Training Institute after the long Covid break.

[A term of tertiary education costs £400 - donate now](#)

Grow...wash...eat!



'New normal' at the Sunshine street boys' centre means that John Kanyanjwa, Philip Otieno and James Mwangi have to pull their weight in the 'shamba' (small farm) which supplies the green vegetables for the boys.



Sunshine Centre Director Rev Simon keeps watch to make sure the boys wash their hands thoroughly. The newly-installed hand-washing facilities are helping to keep hygiene standards high, meaning that Felix Kipkurui can enjoy his meal in safety.

Stay safe advice for Sunshine Boys

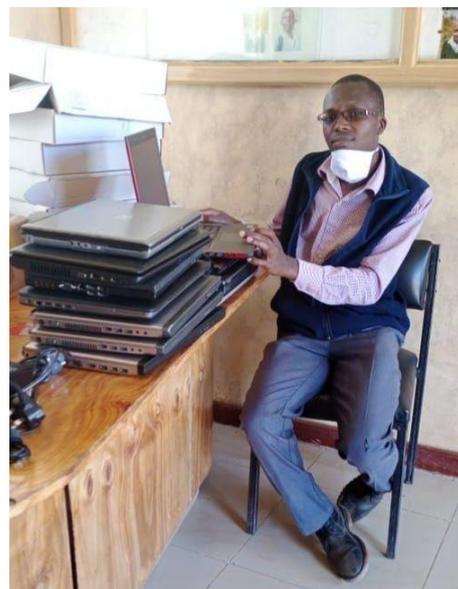


To ensure they stay on their guard against Covid, the former street boys at the Sunshine Centre were given refresher training by counselor Eunice Mwangi from Kijabe Hospital. Although Covid has the highest profile at the moment, the boys also received education on other major health risks such as HIV / AIDS.

Laptops for 17 former street boys

This year, 17 of the former street boys from our Sunshine Centre will advance to tertiary education or training.

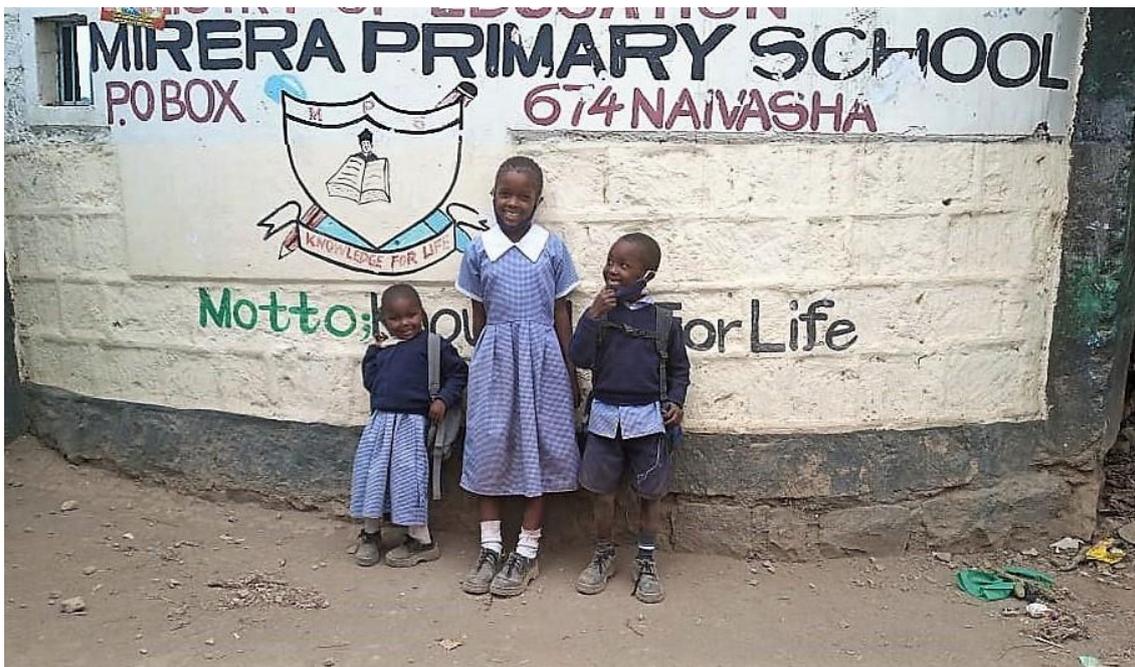
For each boy it's a tremendous achievement, but to keep up with their studies, each needs a laptop. Former street boy Benson Gashwe (who is taking a Diploma in IT at polytechnic) was called on to put his new skills to the test by installing software on the laptops before they were issued.



[A laptop to help educate a former street boy costs £130 - donate now](#)

Remember the poor...

The emergency relief effort we ran for the majority of last year put us in contact with many desperate families. Although the economic situation in Kenya has eased, we are continuing our support for some of the poorest of the poor.



Hannah Wanjiru is a single mother of 5 children who suffers from poor mental health, and relies on well-wishers for survival.

To help the family, we have paid education-related costs for the four oldest children, lifting a huge burden from Hannah, and making the children very happy.

The photo shows (left to right) Zipporah, Jane and Paul at the gates of Mirera Primary School. The fourth child - Jane - is attending nearby St John's Primary School.



Julius (above right) is a victim of domestic violence who lost his left arm in family feud. He is also a widower, a father of 6 children, and guardian to his deceased sister's 6 orphaned children.

We provided Julius with additional stock to boost sales at the small shop he runs with help from his cousin Pamela Atieno. The photo shows our friend Anne visiting the shop where she found Julius looking very happy for the support he has received.



[£70 covers primary school costs for a term - donate now](#)

Virtual Kenya Marafun 26 June 2021



Anyone - Anywhere - Anyway

The boys from the Sunshine Centre will be running the Kenya Marafun again on 26th June. They would love to know you are supporting them by:

1. Taking part yourself - you can run, jog, walk, cycle any distance anywhere you choose (complying with any Covid restrictions in place at the time).

*[Email us](#) to let us know you plan to take part - the Sunshine Boys will be **VERY excited!***

2. Raising sponsorship or sponsoring the Sunshine boys.

The [sponsorship page](#) is ready to take donations.



As we continue to help orphans, street children and children who live in deprivation, we need to do three things:

1. Provide food and fund education,
2. Invest in health, hygiene and social distancing measures,
3. Continue to help some of the families who have been most disadvantaged by the Covid crisis.

We are enormously grateful to all who have donated, prayed and helped in other ways. Be blessed and stay safe!

Martin

Mary

Martin and Mary Print

Co-founders, Footsteps International

[Donate now](#)



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